

ENRICHHER

Registration for new classes begins online or in RefresHer March 19th & 20th!

New Classes begin Tuesday and Wednesday, April 2nd & 3rd.

Minor Prophets 2: Nahum, Zephaniah, and Haggai

Teacher: Carleen Heath

Author: Navigators

Tuesday Only

Biblical scholars categorize the Old Testament books of Nahum, Habakkuk, Zephaniah, Haggai, Zechariah, and Malachi as part of the Minor Prophets, but the insights they offer into God and His character are anything but “minor”. They present a unique, firsthand view of an all-powerful God who longs to intimately connect with His people, both then and now. Be prepared to gain a whole new appreciation for these men, for their commitment, and for the God they served. (Study Guide \$10)

The Quest: An Excursion Toward Intimacy with God

Teacher: Shelly Jeffcoat

Author: Beth Moore

Tuesday Only

This study will delve into Scripture to explore how God created us to seek after Him—a God who desires to be found and known. In this lifelong quest of faith, learn to develop your intimacy with God as you ask, discuss, ponder questions of faith, and embrace the adventure that comes with living a life for God. (Workbook \$15)

The Lifegiving Parent

Teacher: Betsy Evans

Author: Clay and Sally Clarkson

Tuesday Only

It’s easy to become overwhelmed and even paralyzed by the constant flow of parenting advice. We’re flooded with so much practical information that we wonder if we’re choosing the right way. And we may be missing the one thing God really wants us to give to our children: His life. This study will equip you with the tools and wisdom you need to give your children much more than just a good Christian life. You’ll give them the life of Christ. (Participant Guide \$10)

Worry Less, Live More

Teacher: Sharon Gammons

Author: Robert Morgan

Tuesday Only

If you are stressed, worried, overwrought, and anxious, you are not alone. There is help and hope found in God’s Word. This study and prayer-walking class will focus on Philippians 4:4-9. You will be encouraged to memorize this important passage along with biblical strategies to “walk” in the peace God offers His children. Each week there will be a time to prayer walk, so please wear comfortable clothes and walking shoes. *Walkers of any level are welcome. (Book \$20)

Write Your Spiritual Legacy: Leave Your Greatest Inheritance

Teacher: Judith Warren

Author: Judith Warren

Tuesday Only

Do you wish you could express your faith more clearly? Do you desire to leave a “spiritual legacy” of your faith in Christ with future generations? In this course you will write your own personal faith story through weekly writing prompts and interactions with other participants. When completed you will have a lasting testament for those you love the most. (Workbook \$12 **If you choose to publish there is a separate fee)

After The Boxes Are Unpacked

Teacher(s): Tanya Erickson/Gail Venturino

Author: Susan Miller

Tues./Wed.

This study is for women who are moving or who have recently moved. It is designed to help women cope with the loss and loneliness of being uprooted by providing tools and guidance to establish roots in their new community and church. As Scripture paves the journey, women are encouraged to strengthen and deepen their relationship with Christ, and to embrace the promise that God is ever-present in the midst of every transition. (Workbook \$12)

Drawing Closer to God: Bible Journaling Class

Teacher(s): *Lindsey Touchette/Alicia Konert*

Author: *Proverbs 31 Ministries*

Wednesday Only

Whether you are new to Bible journaling or you're an experienced art journaler you're sure to have fun as we explore God's Word and share creative tips and ideas for using art as an expression of worship! Each week, we will focus on specific Scripture passages drawn from the "Encouragement for Today" devotional book. We will find new ways to illustrate these and other verses in our Bible or sketchbook. Participants will use various forms of media, including colored pencils, markers, and stamps. **Please note, this is an art type of course. You will be drawing and painting.* (Participation Fee \$15)

Required material: Journaling Bible recommended; sketchbook acceptable too. Please bring either choice to class.

It's Not Supposed To Be This Way

Teacher: *Dulce Dudley*

Author: *Lysa TerKeurst*

Wednesday Only

Reality often ends up so very far from the life we long for, doesn't it? Bible teacher Lysa TerKeurst deeply understands daily disappointments and life-altering loss. By walking through her own valley, she's discovered that in God we can find unexpected strength as we wrestle well between our faith and feelings. In this study you will search the Scripture and glean fresh biblical insight to get you through painful situations, and life-giving perspectives for living in between Eden and eternity. (Participant Guide \$10) ***Book can be purchased separately (See below)

Breathe: Making Room for Sabbath

Teacher: *Kim Hayes*

Author: *Priscilla Shirer*

Wednesday Only

One of the greatest challenges among women in our culture is taking time to stop and cease from all the activities and busyness and just breathe. We are in bondage to busyness. In the Old Testament, God instituted principles and laws that would transform the Israelites' mindset. So God gave them many gifts, including boundaries in which to enjoy those gifts. Sabbath was intended as a gift, and it is still a gift to us today. If you are weary, worn out, and exhausted, the concept of Sabbath will change your life. (Workbook \$10)

Mom Set Free

Teacher: *Jennifer Patterson*

Author: *Jeannie Cunnion*

Wednesday Only

As moms, we're under constant pressure. We have to get it right in all areas of life—work, home, family, and faith—because our children's futures hinge on our ability to perfectly orchestrate the present. Discover how the Gospel message can empower you to parent in the freedom of God's sovereignty, so that you can breathe deeper, walk lighter, and enjoy your children—and the parenting journey—more than ever before. (Workbook \$14)

Surrendering the Secret

Teacher: *Ellie Edman*

Author: *Pat Layton*

Wednesday Only

Many women hide the secret of abortion deep in their hearts, and they are suffering severe consequences. They carry a great burden of shame and failure, afraid to reveal their hidden pain, and by doing so are forced to endure the long-lasting effects in isolation. Surrendering the Secret will allow women to release this burden and find freedom through 'redemptive community' while experiencing hope and joy, as shame and failure are replaced with beauty.

***All communication for this class is confidential, as is the meeting location. Please contact sts@fbcn.org or call 596-8600 x 284 for more information.*

Your Divine Design

Teacher: *Sherri Dorrill*

Author: *Chip Ingram*

Wednesday Only

This class is for our seasonal ladies who will not be with us for the completion of Enricher. This is a 3-week class ONLY. He created you in His image, He filled you with His Spirit, and He blessed you with spiritual gifts so you could live a life of impact. But until you know how to recognize and use your gifts, you will never experience all that God wants you to experience. You were meant to discover how He has uniquely wired you, and the roles in the body of Christ that He created you to fulfill.